



OPIOID AWARENESS



How You Can Save A Life



BACKGROUND

Opioid medications cover a broad spectrum of prescription and non-prescription drugs. They can effect a person’s ability to breath, and when used in excess, can rapidly cause a person to become unresponsive and stop breathing. Opioid medications are prescribed by physicians for pain relief purposes; however, patients can sometimes build a tolerance and take more than recommended to achieve pain relief. This increase in opioid dependency can lead to a patient overdosing, and ultimately dying due to respiratory arrest.

In 2020, 62% of all overdoses in San Luis Obispo County were opioid related and 64 people died directly from an opioid overdose.

COMMON PRESCRIPTION OPIOIDS ARE

- Heroin
- Actiq
- Duragesic
- OxyContin
- Fentanyl
- Dilaudid
- Sublimaze
- Percocet
- Percodan
- Hydrocodone
- Morphine
- Demerol



MEDICATION TO HELP

Naloxone (trade name Narcan) is a medication that blocks the receptors in your body that react to opioids, restoring a patient’s ability to breathe. Fire departments and paramedics carry this medication and administer it successfully on patients who overdose on opioids. Narcan is available at the SLO County Drug & Alcohol Services, and through SLO Bangers Syringe Exchange and Overdose program. In CA, pharmacists are allowed to dispense Narcan without a prescription.

It is recommended that people who use opioids, or are around those who use opioids, carry this life saving medication with them. The device that delivers the drug sprays a controlled dose into the victim’s nostrils, and does not require the use of a needle or other invasive procedure.

IMPORTANT PHONE NUMBERS

SLO Adult Services: (805) 781-4700 / (800) 838-1381

SLO Youth Services Clinic: (805) 781-4179

Drug and Alcohol Services: (805) 7814275 / (800) 838-1381

SLO Public Health: (805) 458-0123 www.slocounty.ca.gov

Transitions Mental Health Association: (805) 540-6500

Alcoholics Anonymous: (805) 541-3211 www.sloaa.org

Narcotics Anonymous: (800) 549-7730 www.centralcoastna.org

SLO Bangers: (805) 458-0123 www.slobangers.com